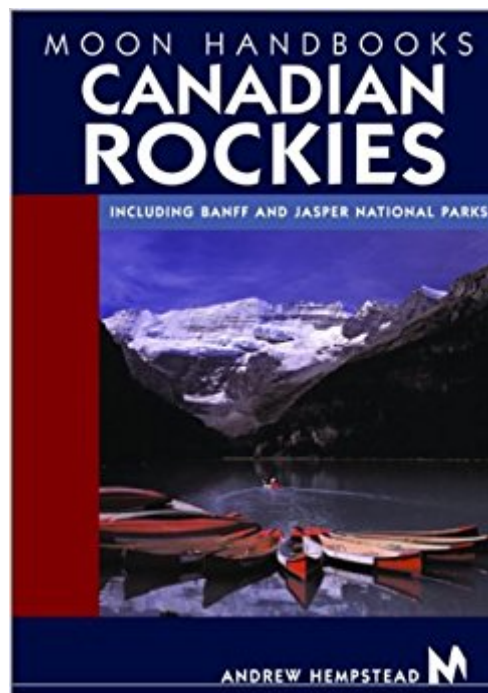




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# Moon Handbooks Canadian Rockies: Including Banff And Jasper National Parks (Moon Canadian Rockies)



## Synopsis

Stunning mountains, alpine lakes, shimmering glaciers, and abundant wildlife await the visitor to the Canadian Rockies, one of North America's premier travel destinations. This four-season area has much to offer travellers and Andrew Hempstead's Moon Handbooks Canadian Rockies is the resource to uncovering its hidden treasures. Five parks are found in the Canadian Rockies-Banff, Jasper, Kootenay, Yoho, and Waterton Lakes-each filled with miles of hiking and skiing trails, hundreds of campsites, and numerous lake and rivers. Visitors can explore the world-famous Burgess Shale, home of many fossils; brave rafting the plunge on the Kicking Horse River; or sample regional Rocky Mountain cuisine- caribou, moose, and elk. This revised edition includes measurements in both the imperial and metric systems; an expanded accommodations section; helpful sidebars on cutting flight costs or finding great hotels rooms for less; as well as website listings for many destinations. After a day in the field, hit the bars and pubs of Canmore and Banff, or soak in the luxuriant waters of Radium Hot Springs. Informative, practical, and inspiring, Moon Handbooks Canadian Rockies is an essential guide to planning a trip to this awe-inspiring part of the world.

## Book Information

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## Customer Reviews

"America's finest travel guidebook series . . . extensively researched, engagingly written, intelligently indexed, and packed with helpful maps and sidebars."

Andrew Hempstead has spent many years exploring, writing about, and photographing Canada. He has been writing since the late 1980's, when, after leaving an established career in advertising, he took off to Alaska, linking up with veteran travel writer Deke Castleman to help research and update the fourth edition of Moon Handbooks: Alaska-Yukon. In the ensuing years he focused on writing about Canada. In addition to this Canadian Rockies guide, he is the author of Moon Handbooks: Alberta & the Northwest Territories, Moon Handbooks: British Columbia, and Moon Handbooks: Vancouver. He is also the co-author of Moon Handbooks: Atlantic Canada, Moon Handbooks: Australia, and Moon Handbooks: New Zealand. His articles and photographs have appeared in a variety of magazines, including National Geographic Traveler, Travesias, and Interval World. He lives in Canmore, Alberta.

I would augment it with another guidebook to balance reviews and recommendations. Moon Handbooks are great for the traveler on a "middle class" budget and will guide you to the "must sees" without the extra confusing fluff that other guidebooks include.

I'm impressed. The author really knows Canada's Rocky Mountains and it shows. Not only does he write about the region in a knowledgeable manner, but it's obvious through his writing that he has been on the hiking trails he discusses and eaten at the restaurants he recommends. It was the seemingly insignificant things in this guide that caught our attention and made our vacation more enjoyable - which side of a hotel to request a room that catches the evening sun, a comment on the bathrooms at a particular restaurant (that truly were memorable), tips on cutting the cost of our car rental, hints on taking better pictures in the mountains, and tips on how to escape the crowds. As a comparison, the other guidebook we had with us had all the basic information, but was very bland - with reviews of all the obvious touristy restaurants, no real direction as to which were the best hikes, etc. If you are traveling to Canada's Rockies I would definitely recommend the Moon book over the others.

This book was invaluable for our Spring 2001 trip through the Canadian Rockies. The book is obviously written with the aim of appealing to a wide range of travelers, and does so well. My wife and I have very different interests, but found that each evening we would sit down and study the next day's itinerary almost solely using this book--her searching out museums and a picking a spot to eat dinner and me looking for outdoor activities. As a retired historian, I was also pleased to see comprehensive coverage of the history of the region, along with dozens of interesting tidbits that

helped make the trip more enjoyable. It was too early in the season for us to do much hiking, but the trails we did follow all came from this book and another, Canadian Rockies Trail Guide. I highly recommend this book to anyone traveling north through the Rockies region of our Canadian neighbors.

We spent a week in the Canadian Rockies, using this book as our guide. The book gives excellent recommendations for accommodations and activities - we did not go wrong following them. It gives more information that is beyond the basic, "usual", details. It also includes descriptions of many hikes, from 1-hour hikes to full-day hikes, as well as description of road-accessible sites for the non-hikers.

Not really a review, but a definite This Is a Great Book. I'd never heard of Moon Handbooks, but purchased this guide through and found it helped immensely on recent trip to Canada. Everything was included and the detailed recommendations covered everything from hiking to where to eat. If you're heading to the Canadian Rockies, buying this book is money well spent.

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We carried this guide in our trip to the Canadian Rockies and it helped us a lot. We had information of all the available hikes. It is a very highly recommendable product if you are planning to visit this area.

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